Decoding the Complexity of Instructions for Use (IFUs) for Reusable Medical Devices

Presented by:

Dr. Terra Kremer, Chris Ratanski, Jamie Fogarty, & Brian Flax

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Agenda

- Introduction to situation
- Workshop activity IFU development
- Validation of cleaning instructions for use
- Transfer to healthcare facilities
- Establishing process families

Set & Setting

- Dorothy & friends are sterile processing engineers
- Traveled to Emerald City
- Scarecrow needs a brain to develop more efficient ways to clean reusable medical devices



Wizard of Oz

- Wizard is a medical device research & development (R&D) engineer
- Has a brain & implant surgical set
- Needs cleaning instruction for instrument set



Dr. Wicked Witch of the West

Cleaning IFU Requirements

- Developed
- Validated
- Used to process instrument set

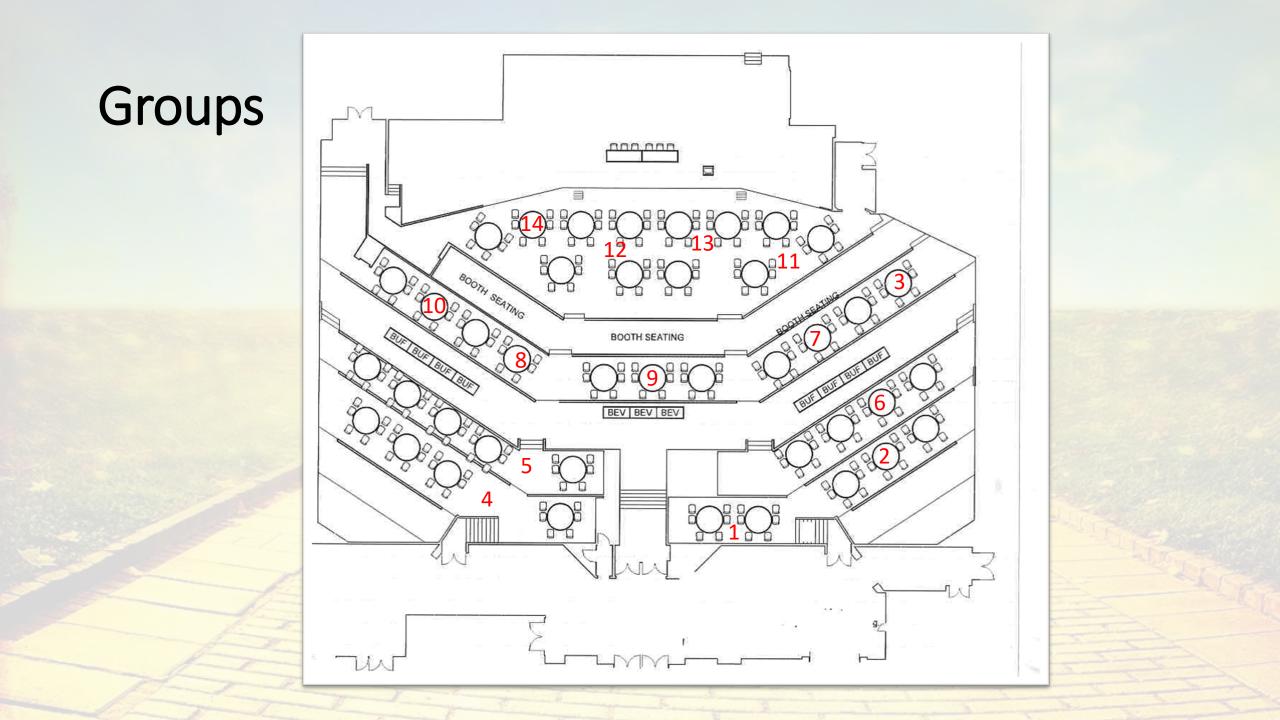


Brain Implant Surgical Set



Workshop Activity – 10 minutes

- 1. 14 Groups = ~15 people per group
- 2. One assigned instrument per group Your instrument number is the same as your group number.
- 3. Complete page 17 of the IFU packet
- 4. Develop the automated cleaning instructions for your instrument



Workshop Activity – Report Out



Sit Down when you don't have a step: Manual Pre-Clean

Pre-Rinse	All devices with lumens need to be manually flushed to remove debris and brushed thoroughly using appropriately sized soft-bristled brushes and twisting action.
Soak	Prepare a neutral or mild alkaline cleaning solution (pH 7 to 9.5) in accordance to the detergent manufacturer's instructions. The temperature of the solution should be ≤40°C (104°F) for manual cleaning. Immerse devices and parts in the detergent solution, and soak for a minimum of 5 minutes.
Manual Brushing / Flushing	While immersed, use a soft non-metallic bristle brush (plastic bristles, like nylon) to thoroughly scrub all traces of blood and debris from all device surfaces for at least one minute. Ensure all lumens are thoroughly brushed. Push the brush through the entire length of the lumen using a twisting motion to remove debris from both ends for at least one minute. During cleaning, actuate joints, handles and other movable device features to expose all areas to the detergent solution, if applicable. Ensure all lumens are flushed for at least one minute.

Sit Down when you don't have a step: Manual Pre-Clean

Designed and the second s	
Intermediate Rinse	Rinse all devices by immersion in ambient, < 40°C (104oF), tap water for a minimum of one minute and until evidence of debris, soil, and cleaning solution are visually removed. Use a large syringe (e.g., 50ml or greater) filled to capacity with tap water to thoroughly flush lumens, blind holes, small clearances, and moving and intricate parts. Actuate joints, handles and other moveable device features to rinse thoroughly.
Ultrasonic Bath	Completely submerge the devices in an ultrasonic bath prepared with a neutral or mild alkaline pH detergent (pH 7-9.5), prepared in accordance with the manufacturer's instructions. Use a large syringe (50ml or greater) flush all lumens, blind holes, small clearances, and moving and intricate parts with the detergent solution to minimize the formation of air pockets or bubbles. Ultrasonically clean the device components for a minimum of 10 minutes.
4. 6 -	
Intermediate Rinse	Rinse all devices by immersion in ambient, < 40°C (104oF), tap water for a minimum of one minute and until evidence of debris, soil, and cleaning solution are visually removed. Use a large syringe (e.g., 50ml or greater) filled to capacity with tap water to thoroughly flush lumens, blind holes, small clearances, and moving and intricate parts. Actuate joints, handles and other

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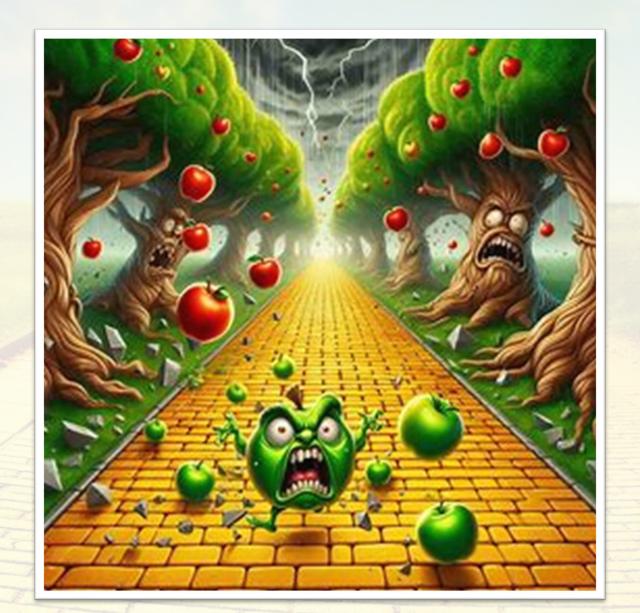
moveable device features to rinse thoroughly.

Sit Down when you don't have a step: Automated

e Phase	Positioning (rack)	Load the device components in the washer- disinfector in accordance with manufacturer's instructions, ensuring that the devices and lumens have maximum exposure to detergents and rinse water and can drain freely.
r Cyc	Pre-Wash	02:00 min Cold tap water
ectoi	Enzyme Wash 1	01:00 min / <40°C / Neutral Enzymatic Cleaner
isinfo	Wash 2	05:00 min / 66°C / Neutral pH Detergent
er-D	Rinse	02:00 min / >40°C / Tap Water
Washer-Disinfector Cycle	Final Rinse	00:15 min / ambient / Critical Water
	Thermal Disinfection	01:00 min – 05:00 min / >90°C / Critical Water
	Dry Time	07:00 min / 115°C

Bump in the Yellow Brick Road

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User Feedback



 Cleaning-Disinfection
 1. Rinse soiled device under running cold tap water for a minimum of one minute. Remove gross soil using a soft-bristled brush or soft, lint-free cloth.

- 2. Manually clean device for a minimum of two minutes in a freshly prepared neutral or mild alkaline cleaning agent solution. Follow the cleaning agent manufacturer's instructions for the correct dilution, temperature, water quality and exposure time. Use a soft-bristled brush to remove soil and debris. Actuate joints, handles and other moveable device features to expose all areas to cleaning agent solution, if applicable. Clean device under water to prevent aerosolization of contaminants. Note: fresh solution is a newly-made, clean solution.
- Rinse device using ambient (≤40 °C) running tap water for a minimum of one minute. Use a syringe, pipette or water jet to flush lumens and channels. Actuate joints, handles and other moveable device features in order to rinse thoroughly under running water, if applicable.
- 4. Prepare a fresh cleaning agent solution for the ultrasonic bath using a neutral or mild alkaline cleaning agent. Follow the cleaning agent manufacturer's instructions for the correct dilution, temperature, water quality and exposure time. Note: fresh solution is a newly-made, clean solution.
- 5. Clean Synthes devices ultrasonically for a minimum of 15 minutes, using a minimum frequency of 38 kHz.
- Rinse device using ambient (≤40 °C) DI or PURW water for a minimum of two minutes. Use a syringe, pipette or water jet to flush lumens and channels. DI or PURW water must be used for final rinse.
- 7. Visually inspect device. Repeat steps 2-7 until no visible soil remains on device.
- 8. Automated washing shall be conducted in a validated washer-disinfector in compliance to ISO 15883-1 and -2, or to an equivalent standard. Load the device components in the washer-disinfector in accordance with manufacturer's instructions, ensuring that the devices and lumens can drain freely. Automated washing can be included as part of a validated washing, disinfection, and/or drying cycle in accordance to manufacturer's instructions. An example of a validated cycle used for cleaning validation included:

Cycle	Recirculation Tir (minutes)	me Water Quality/ Temperature	Type of Cleaning
Pre-wash	2	Cold tap water <40 °C	N/A
Wash I	2	Cold tap water <40 °C	Cleaning agent*
Wash II	5	Warm tap water >40 °C	Cleaning agent*
Rinse	2	Warm DI or PURW >40 °C	N/A
Thermal disinfection	5 Cr	ritical water (RO, DI or distilled water) \geq 93	3 °C N/A
Dry	40	≥90 °C	N/A

* see section Additional Information

Governing Standards for IFU Development

BS EN ISO 17664-1:2021



BSI Standards Publication

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Processing of health care products — Information to be provided by the medical device manufacturer for the processing of medical devices

Part 1: Critical and semi-critical medical devices

Technical Information Report

AAMI TIR12: 2020

Designing, testing, and labeling medical devices intended for processing by health care facilities: A guide for device manufacturers



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Cleaning Validation

Consultation

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Extraction Method Validation

Test Soil Application

Cleaning

Extraction

Analyte Detection

Report

Reprocessing Medical Devices in Health Care Settings: Validation Methods and Labeling Guidance for Industry and Food and Drug Administration Staff

Document issued on: March 17, 2015

This document supersedes: "Labeling Reusable Medical Devices for Reprocessing in Health Care Facilities: FDA Reviewer Guidance" (available

http://www.fda.gov/downloads/MedicalDevices/DeviceRegulationandGuidanc e/GuidanceDocuments/UCM080268.pdf) issued April 1996.

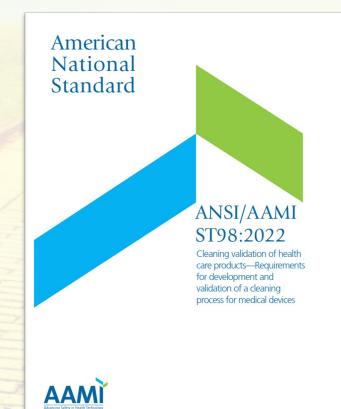
The draft of this document was issued on May 2, 2011.

For questions regarding devices regulated by the Center for Devices and Radiological Health, contact the Infection Control Devices Branch (INCB) at (301) 796-5580. For questions regarding devices regulated by the Center for Biologics Evaluation and Research (CBER), contact the Office of Communication, Outreach and Development at 800-835-4709 or 240-402-7800.



U.S. Department of Health and Human Services Food and Drug Administration Center for Devices and Radiological Health Office of Office of Device Evaluation

Center for Biologics Evaluation and Research



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Automated Cleaning Validation ~ 30K

- Two quantitative analytes
 - Protein $\leq 6.4 \, \mu g/cm^2$
 - Total Organic Carbon (TOC) ≤ 12 μ g/cm²
- Data Variability
 - Standard deviation added to the highest value must be less than acceptance criteria

Bump in the Yellow Brick Road

All devices are visibly clean

All extractions less than acceptance criteria

Data variability is less than acceptance criteria

Need additional cleaning instructions to revalidate



No Time for Redesign



Workshop Activity – 10 minutes

- 1. Reform your 14 Groups = ~15 people per group
- 2. Complete pages 18 19 of the IFU packet
- 3. Identify the hardest to clean device in the instrument set
- 4. Group to develop changes to IFU to achieve a passing cleaning validation

Hardest to Clean Device – Audience Vote



Hardest to Clean Device – Audience Vote



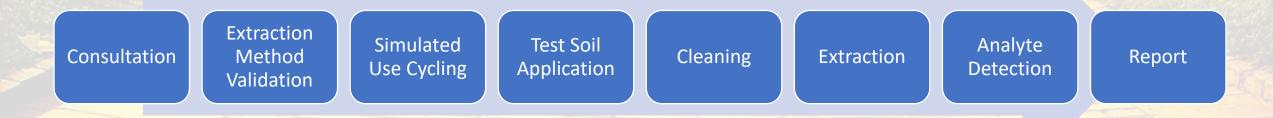
Cleaning Re-Validation

New cleaning steps

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Repeat cleaning validation

Cleaning validation

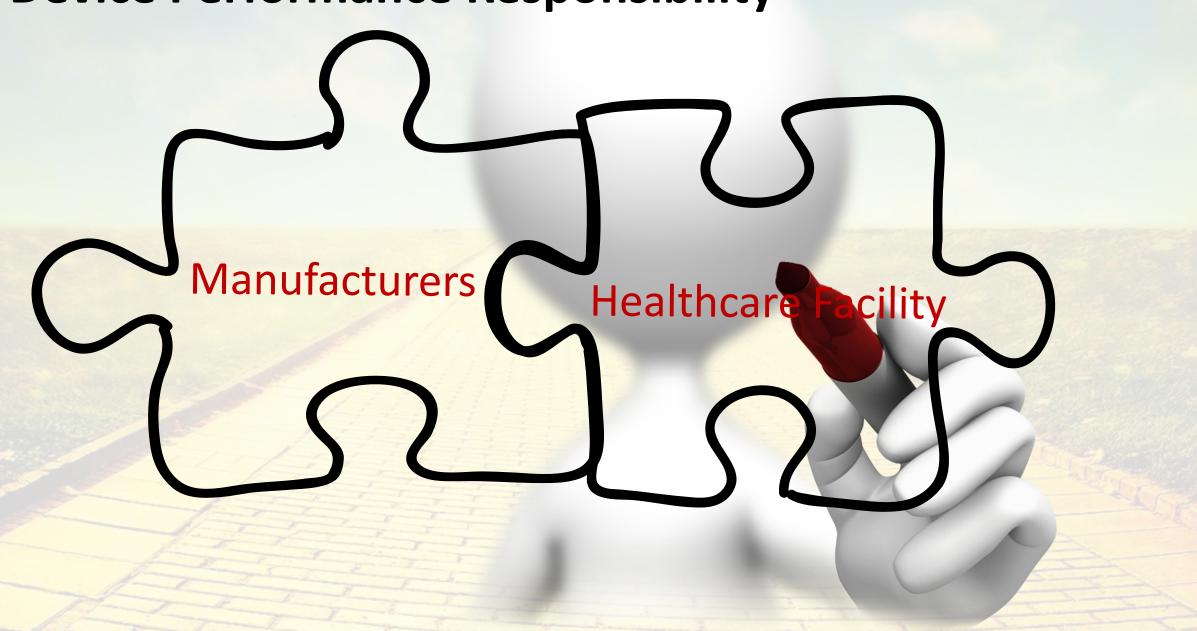


Ready to Reprocess

 Delivered instruments to sterile processing w/ validated cleaning IFU



Device Performance Responsibility

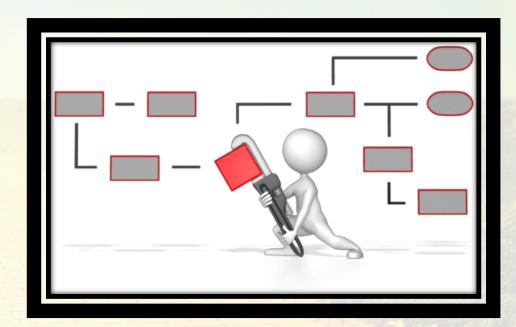


Workshop Activity – 10 minutes

- 1. 14 Groups = ~15 people per group
- 2. Complete page 20 of the IFU packet
- 3. List considerations that need to be taken to ensure a successful transfer of the cleaning IFU to Sterile Processing.

Cleaning Instruction Considerations

- Established cleaning processes Can new set be adopted into an established process?
- Training Is training offered / required?
- Supplies Are special tools / supplies needed to perform cleaning?
- Equipment Is specified equipment (e.g., washer rack, sonic irrigator) needed to perform cleaning?



Bump in the Yellow Brick Road

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You had the power the whole time!





You had the power the whole time!

13.9.3 Product Families

The concept of product families may be used in the product quality assurance testing program for the following purposes:

a) To group routinely processed items that are similar in construction, materials, size, and packaging into a product family. Other considerations could include design configuration, number of components, need for disassembly, surface finish or texture, the presence of lumens, and the written IFU for reprocessing provided by the manufacturer.



ANSI/AAMI ST79:2017

& 2020 Amendments A1, A2, A3, A4 (Consolidated Text) Comprehensive guide to steam sterilization and sterility assurance in health care facilities

American National Standard

Tools to develop cleaning process families...

Healthcare
 Infection
 Society

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Available online at www.sciencedirect.com Journal of Hospital Infection

Review

A proposed cleaning classification system for reusable medical devices to complement the Spaulding classification

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ARTICLEINFO SUMMARY

Article history: Received 21 June 2023 Accepted 22 November 2023 Available online 14 December 2023

Keywords: Spaulding Cleaning Reusable medical device Hospital-acquired infections Disinfection Sterilization Patient risk

Chards for

A central tenet in infection prevention is application of the Spaulding classification system for the safe use of medical devices. Initially defined in the 1950s, this system defines devices and surfaces as being critical, semi-critical or non-critical depending on how they will be used on a patient. Different levels of antimicrobial treatment, defined as various levels of disinfection or sterilization, are deemed appropriate to reduce patient risk of infection. However, a focus on microbial inactivation is insufficient to address this concern, which has been particularly highlighted in routine healthcare facility practices, emphasizing the underappreciated importance of cleaning and achieving acceptable levels of cleanliness. A deeper understanding of microbiology has evolved since the 1950s, which has led to re-evaluation of the Spaulding classification along with a commensurate emphasis on achieving appropriate cleaning. Albeit underappreciated, cleaning has always been important as the presence of residual materials on surfaces can interfere with the efficacy of the antimicrobial process to inactivate micro-organisms, as well as other risks to patients including device damage, malfunction and biocompatibility concerns. Unfortunately, this continues to be relevant, as attested by reports in the literature on the occurrence of device-related infections and outbreaks due to failures in processing expectations. This reflects, in part, increasing sophistication in device features and reuse, along with commensurate manufacturer's instructions for use. Consequently, this constitutes the first description and recommendation of a new cleaning classification system to complement use of the traditional Spaulding definitions to help address these modernday technical and patient risk challenges. This quantitative risk-based classification system highlights the challenge of efficient cleaning based on the complexity of device features present, as an isolated variable impacting cleaning. This cleaning classification can be used in combination with the Spaulding classification to improve communication of cleaning risk of a reusable medical device between manufacturers and healthcare facilities, and improve established cleaning practices. This new cleaning classification system

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A new quantitative method for determining patient risk for reusable medical device categorization based on using and interpreting Kremer's cleaning classification system

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ARTICLEINFO SUMMARY

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Article history: Received 17 July 2024 Accepted 11 September 2024 Available online 16 October

Keywords: Cleaning Sterile processing Reusable medical devices Hospital-acquired infections Disinfection Sterilization



2024

Background: The cleaning of reusable medical devices involves inherent challenges that can impact on the effectiveness of the cleaning process; consequently, the subsequent safety of patients. Fluid dynamics play a critical role in determining the flow and distribution of cleaning agents where the design of the device can either facilitate or hinder this important process. Complex geometries, narrow channels, or irregular surfaces can impede effective flushing of contaminants leading to incomplete cleaning that creates a greater likelihood for patient contamination risks.

Healthcare Infection Society

Methods: Device features (N = 23) were exposed to the most challenging cleaning conditions to find the point of failure in both fluid dynamics and soil retention. Experimental results obtained from the dorementioned along with associated compound risk were used to assign a risk value. Using the 'hardest to clean' device feature approach as the base risk value, the total quantitative risk score was calculated for different results medical devices from numerical values obtained from addressing 14 questions focusing on variability in geometry, material use, types of cleaning, and intended patient use. Patient risk values for devices with different features were calculated from using Kremer's cleaning categories based on position within value ranges.

Findings: Occurrences less than 18 correspond to minimal risk devices while a total risk score between the values of 18 and 39 are moderate and ≥40 scores corresponds to the maximal category.

Conclusion: Application of this quantitative assessment approach will facilitate appropriate mkigation of risk for cleaning reusable medical devices by informing use of targeted effective interventions. Future use of this Kremer cleaning classification will complement and augment disinfection and sterilization modalities.

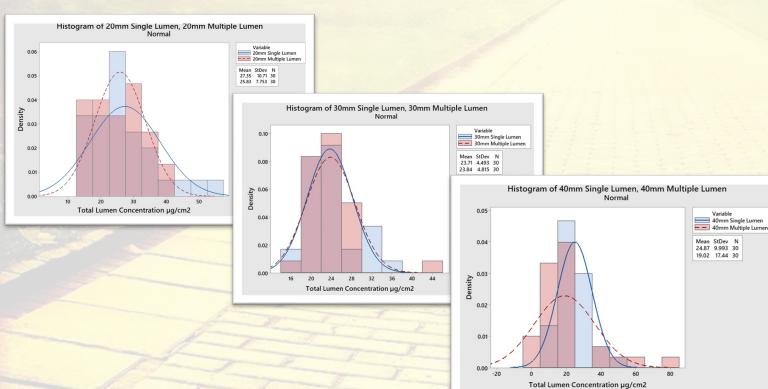
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Validation of the Device Feature Approach

- Most conservative validation approach
- Most challenging feature is representative of a whole device challenge
- Cleaning validation data is normally distributed



Validation of the Device Feature Approach for **Reusable Medical Device Cleaning Evaluations**

Terra A. Kremer, Jeff Felgar, Neil Rowen, and Gerald McDonnell

Abstract

The identification of worst-case device (or device set) features has been a well-established validation approach in many areas (e.g., terminal sterilization) for determining process effectiveness increased challenge for disinfection/sterilizaand requirements, including for reusable medical devices. A device feature approach for cleaning infectious disease.² validations has many advantages, representing a more conservative approach compared with the alternative compendial method of testing the entirety of the device. By focusing on the device feature(s), the most challenging validation variables can be isolated to and studied at the most difficult-to-dean feature(s). The device feature approach can be used to develop a design safe and functional for subsequent patient feature database that can be used to design and use.3 Manufacturers validate cleaning validate device cleanliness. It can also be used to IFUs by developing a test system that commensurately develop a quantitative cleaning challenges each step of the cleaning process classification system that will augment and with worst-case conditions. The process steps for the cleaning IFUs, which must be innovate the effectiveness of the Spaulding classification for microbial risk reduction. The defined, may include initial treatment at current study investigated this validation point of use (pretreatment), preparation approach to verify the efficacy of device deaning before cleaning (e.g., disassembly), manual procedures and mitigate patient risk. This and/or automated cleaning, rinsing, drying, feature categorization approach will help to dose and visual inspection. the existing patient safety gap at the important inter face between device manufacturers and following test conditions are selected to healthcare facilities for the effective and reliable processing of reusable medical devices. A total of 56,000 flushes of the device features were conducted, highlighting the rigor associated with the validation. Generating information from design features as a critical control point for cleaning and microbiological quality will inform future digital transformation of the medical device industry and healthcare delivery, including automation.

This study sought to validate a device feature approach to be used in cleaning validations for reusable medical devices. Reusable medical devices are required to be cleaned, disinfected, and/or sterilized between patient exposure and can include those used directly on a patient during surgery or items that have minimal patient

contact (e.g., blood pressure cuffs) or contact Terra A. Kremer RS is the surfaces indirectly (e.g., monitor or piece of director of microbiological quality equipment).1 Medical devices that are not in Microbiological Quality & Sterility properly cleaned have demonstrated an Assurance at Johnson & Johnson in Raritan, NJ, and a PhD candidate tion and can lead to transmission of at the Technological University of the Shannon in Athlone, Ireland.

To comply with international standards, Email: tkremer@its.jnj.com manufacturers of medical devices for which Corresponding author processing is required prior to patient use must provide validated processing instruc-Jeff Felgar, BS, MS, is a staff tions to the customer. These instructions for scientist in Microbiological Quality use (IFUs) are used to process medical & Sterility Assurance at Johnson devices in a healthcare facility so they are & Johnson in Warsaw, IN. Email:

> Neil Rowan, PhD, is the director of the Bioscience Research Institute at the Technological University of the Shannon located in Athlone Ireland Email: neil muan@tus ie

jfelgar@its.jnj.com

Gerald McDonnell, BsC, PhD, is a senior director of microbiologica quality and sterility assurance at Johnson & Johnson in Raritan, NJ. Email: gmcdonne@its.jnj.com

mitigate human factors that may affect the efficacy of the cleaning process within a healthcare setting3: · Device conditioning (i.e., simulated use): Repetition of processing prior to validation to place the device in a used state and account for soil accumulation.3

· Soil formulation: The formulation of the of the test soil (i.e., substitute for a contaminate found on a device after clinical use³) should be representative of the clinical soil expected during use and validated.4.5

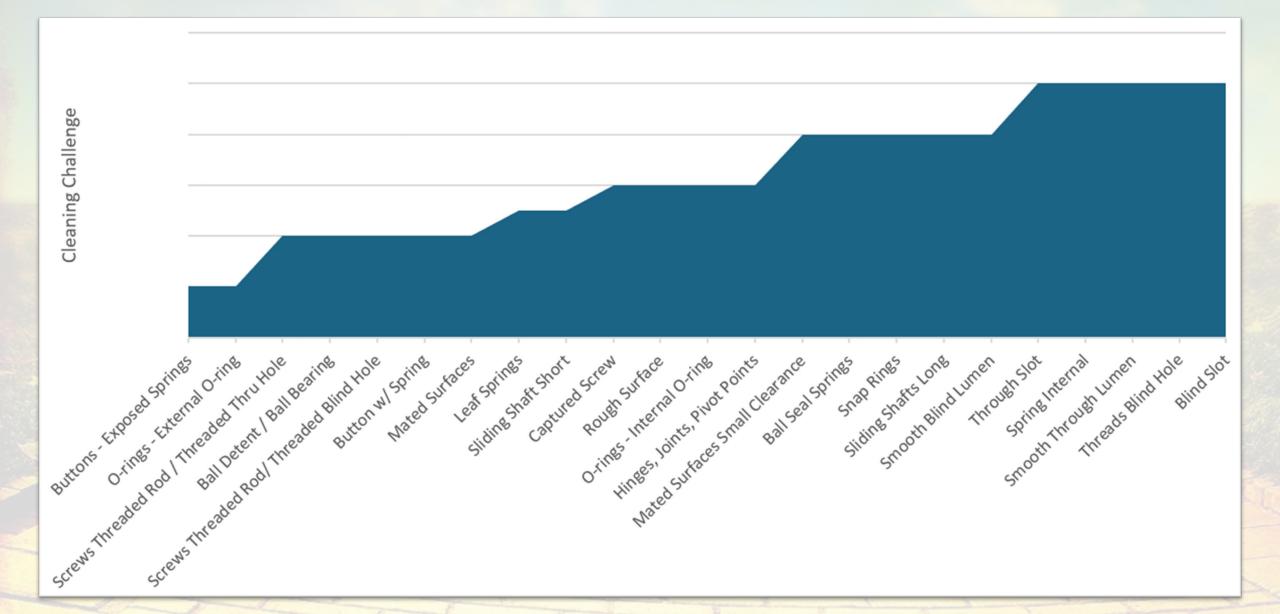
During the cleaning validation, the

· Soil volume: The soil volume must be sufficient to adequately challenge the cleaning of the device as it would be used in a clinical setting and be representative of the clinically relevant analyte concentrations.3

Riomedical Instrumentation & Technology 2023

RESEARCH

Validation of the Device Feature Approach



Ranking of Device Feature Performance

Device Feature	Total Risk Categorization
Ball Detent / Ball Bearing	17
Ball Seal Springs	12
Blind Slot	25
Button w/ Spring	15
Buttons - Exposed Springs	8
Captured Screw	12
Hinges, Joints, Pivot Points	18
Leaf Springs	9
Mated Surfaces	15
Mated Surfaces Small	
Clearance	8
O-rings - External O-ring	4
O-rings - Internal O-ring	18

Device Feature	Total Risk Categorization
Rough Surface	8
Screws Threaded Rod / Threaded Thru	
Hole	5
Screws Threaded Rod/ Threaded Blind	
Hole	16
Sliding Shaft Short	12
Sliding Shafts Long	15
Smooth Blind Lumen	20
Smooth Through Lumen	24
Snap Rings	12
Spring Internal	25
Threads Blind Hole	24
Through Slot	25

Workshop Activity – 10 minutes

- 1. 14 Groups = ~15 people per group
- 2. One assigned instrument per group Your instrument number is the same as your group number.
- 3. Using page 21 24, complete page 25 of the IFU packet
- 4. Define the hardest to clean feature and assign ranking

Device #	Hardest to Clean Feature	Rank

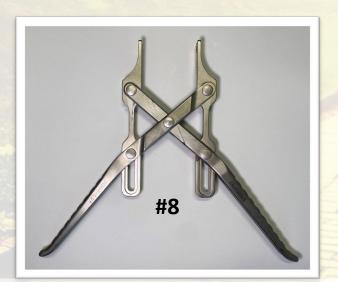
Hardest to Clean Feature w/ Risk Value



Hardest to Clean Feature w/ Risk Value

What if device has multiple features?

- 1. Identify all features
 - 2. Assign risk value
 - 3. Assign highest value for family grouping



Hinges, Joints, Pivot Points = 18 Through Slot = 25 Captured Screw = 12





Leaf Spring = 9 Screws Threaded Rod / Through Hole = 5 Captured Screw = 12

Spring Internal = 25 Smooth Through Lumen = 24

Hardest to Clean Feature w/ Risk Value



Compounding Hazards - Design

Risl	Risk Question		Risk Value		Risk for Likelihood of Occurrence	
Is the material in the most challenging feature absorbing (e.g., stainless steel, nitinol, aluminium, titanium) or repelling (e.g., silicone, peek, Delrin)?		Absorbing	1	,	'Improbable – us/Critical	
		Repelling	0		'Improbable – or/Serious	-
	Risk Ques	stion		Answer	Value	F

Does the device have a lumen greater in length



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than 270mm?

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Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Does the device have internal movable parts such as multiple cables (e.g., robotic	Yes	10	Frequent – Serious/Critical
instruments, elevator shaft, interior lumen) that may have exposure to soil?	No	0	Remote/Improbable – Negligible/Minor

10

0

Yes

No

Frequent -

Serious/Critical

Remote/Improbable -

Negligible/Minor

Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Does the device contain a housing that cannot		10	Frequent – Serious/Critical
be removed or accessed by fluid without flushing for cleaning where soil can migrate?	No	0	Remote/Improbable – Negligible/Minor

Compounding Hazards - Contamination

Risk Question	Answer	Value	Risk for Likelihood of Occurrence
	Handled with Soiled Gloves	1	Remote/Improbable – Minor/Serious
	Partially Soiled	2	Remote/Improbable – Serious/Critical
How is the soil exposed to the	Vacuum	2	Remote/Improbable – Serious/Critical
most challenging feature?	Partial Submersion	3	Occasional/Remote – Serious/Critical
	Flushing	4	Probable/Occasional – Minor/Serious
	Full Immersion	5	Frequent/Probable – Minor/Serious



Compounding Hazards - Use

Risk Question	Answer	Risk Value	Risk for Likelihood of Occurrence
	Non-patient Contacting	0	Remote/Improbable – Minor/Serious
	Intact Skin	0	Remote/Improbable – Serious/Critical
	Mucosal Membranes	1	Occasional/Remote – Minor/Serious
What contact does the feature have with the patient?	Breached or compromised surfaces	2	Occasional/Remote – Serious/Critical
	Blood path, indirect	3	Probable/Occasional – Minor/Serious
	Tissue/Bone/Dentin	4	Probable/Occasional – Serious/Critical
	Circulating Blood	5	Frequent/Probable – Minor/Serious

INTERNATIONAL STANDARD

ISO 10993-1

> Fifth edition 2018-08

Corrected version 2018-10

Biological evaluation of medical devices —

Part 1: Evaluation and testing within a risk management process

Évaluation biologique des dispositifs médicaux — Partie 1: Évaluation et essais au sein d'un processus de gestion du risque

ISO

Copyright International Organization for Standardization Howded by IHS Markt under license with DS-DANSK

Compounding Hazards - Use

Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Will the soil be exposed to heat (e.g., cauterization)?	Yes	1	Remote/Improbable – Serious/Critical
	No	0	Remote/Improbable – Negligible/Minor
Will the soil be exposed to chemical during use	Yes	1	Remote/Improbable – Serious/Critical
(e.g., saline, chlorine, iodine, simethicone)?	No	0	Remote/Improbable – Negligible/Minor



Compounding Hazards - Use

Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Does the device come in contact with high-risk	Yes	1	Remote/Improbable – Serious/Critical
tissue such as the brain, spinal cord, and eye?	No	0	Remote/Improbable – Minor/Serious

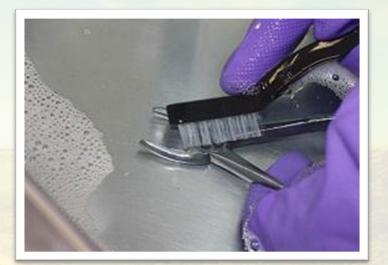
Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Is the device powered (Powered instruments,	Yes	5	Frequent/Probable – Minor/Serious
which can entrap debris that can later be aerosolized during a surgical procedure)?	No	0	Remote/Improbable – Negligible/Minor



Risk Question	Answer	Value	Risk for Likelihood of Occurrence
	Yes	10	Frequent – Serious/Critical
Is the device a microsurgical instrument?	No	0	Remote/Improbable – Negligible/Minor

Compounding Hazards - Cleaning

Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Can the device be fully submerged (Facilitation	Yes	0	Remote/Improbable – Negligible/Minor
of water exposure to residual soil)?	No	5	Frequent/Probable – Minor/Serious

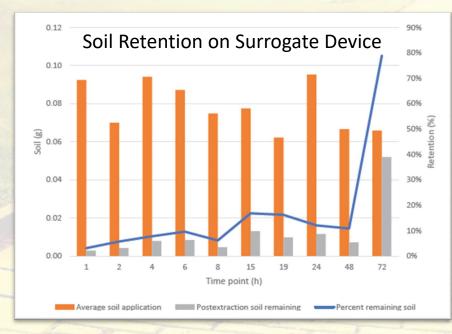




Risk Question	Answer	Value	Risk for Likelihood of Occurrence
Do the cleaning instructions as part of the IFU contain instruction that prevent soil from	Yes	-5	Remote/Improbable – Negligible/Minor
drying on the device while awaiting full decontamination processes?	No	0	Frequent/Probable – Minor/Serious

Soil Dry Time

- Most Cleaning Validations are performed when soil is dry to the touch ~1hr
- Cleaning challenge increases as soil dries.



A. Kimble, C. Ratanski and T. Kremer, "Chemical Changes Over Time Associated with Protein Drying," Biomedical Instrumentation & Technology, pp. 52-57, 2023.

T. Kremer, C. Carfaro and S. Klacik, "Effects of Time, Temperature, and Humidity on Soil Drying on Medical Devices," Biomedical Instrumentation & Technology, pp. 58-66, 2023.

RESEARCH

Chemical Changes Over Time Associated with Protein Drying

Allan Kimble, Christopher Ratanski, and Terra A. Kremer

Abstract

remaining on a device after processing.

RESEARCH

Allan Kimble, MS, is a principal

Effects of Time, Temperature, and Humidity on Soil **Drying on Medical Devices**

Terra A. Kremer. Christopher Carfaro. Sue Klacik

Abstract

In the healthcare environment, delays can occur that prevent reusable devices from being processed within the specified time outlined in manufacturers' instructions for use. It has been suggested in the literature and industry standards that residual soil components, such as proteins, may undergo a chemical change when they are exposed to heat or experience prolonged drying times under ambient conditions. However, little experimental data are available in the literature to document this change or how is may be addressed for cleaning efficacy. This study presents the effects of time and environmental conditions on contaminated instrumentation from the point of use until the cleaning process begins. It demonstrates that soil drving after a period of eight hours changes the solubility of the soil complex, with a significant change occurring after 72 hours. Temperature also contributes to chemical changes in protein. Although no significant difference occurred between 4°C and 22°C, temperatures greater than 22°C demonstrated a decrease in soil solubility in water. An increase in humidity prevented the soil from completely drying and prevented the chemical changes affecting solubility from occurring.

Most reusable medical devices are intended to be cleaned immediately after use or stored in a way that does not allow for the remaining clinical soil (e.g., blood, mucus, tissue) to dry on surfaces. These point-of-use treatment instructions are conveyed in medical device instructions for use (IFU) and are intended to be performed by healthcare personnel (e.g., perioperative staff).

However, following these instructions may not always be possible, resulting in soil drying on a device. Guidance documents (e.g., the Association of periOperative Registered Nurses' Guidelines for Perioperative Practice,1 ANSI/AAMI ST79:20172) suggest that changes to soil may occur if it's allowed to dry, but little evidence exists

within the literature for how soil drying may Terra A. Kremer RS is the affect the cleaning process. In the current director of microbiological quality study, a series of experiments were conin Microbiological Quality & Sterility ducted to elucidate how time, temperature, Assurance at Johnson & Johnson in and humidity may affect the solubility of soil. Raritan, NJ. Email: tkremer@its.ini if allowed to dry com Corresponding author

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The microbiological quality of a product is defined as all activities that provide confidence that the product is microbiologically safe according to its intended use.3 This is particularly important in critical situations. such as perioperative practices. It is important to understand that product quality goes beyond whether a product contains microorganisms and the associated risk of infection. An immune response can occur from microbiological contamination and other toxic compounds on the surface or eluting from the device. As an example, the potential toxicity of protein concentrations were measured using cytotoxicity tests, and it was found that when the concentration of known toxic proteins was increased to greater than 8 µg/cm², cell death occurred.⁴ Although this was a potentially exaggerated response, as the L29 mouse cells used in the study had no immune system, the evidence demonstrates that residual protein can be cytotoxic. Other studies also have demonstrated that chemical residue, such residual cleaning

agent, can be cytotoxic.5,6 Overall, the microbiological and chemical contamination on a product, which includes residual chemicals and particulates, may elicit an immune response in a patient. Manufacturers are responsible for ensuring that medical devices are manufactured with the intended microbiological quality and delivered to the healthcare facility with the appropriate instructions, thereby allowing for safe and effective use throughout a device's lifetime.

During the previous 25 years, country-specific and global standardization committees

Riomedical Instrumentation & Technology 2023

Review of Literature

Cleaning Classification to Mitigate Risk

Minimal

Moderate

MOD

Low risk: all surfaces exposed for cleaning

MIN

Intermediate risk: device features requiring specific intervention (e.g., lumens and mated surfaces)

High risk: complex features with high risk of soil retention

Max

Maximal

Classification Example – Scalpel

#	Scalpel Question	Answer	Risk Value
1	What is the most challenging to clean feature that is		
	exposed to soil?	Rough Surface	8
2	Is the material in the most challenging feature adsorbing		
	(e.g., Stainless steel, Nitinol, Aluminum, Titanium) or		
	repelling (e.g., silicone, PEEK, Delrin)?	adsorbing	1
3	What contact does the feature have with the patient?	Circulating Blood	5
4	Does the device come in contact with high-risk tissue such as		
	the brain, spinal cord and eye?	Yes	1
5	How is the soil exposed to the most challenging feature?	Partial Submersion	3
6	Will the soil be exposed to heat (e.g., cauterization)?	No	0
7	Will the soil be exposed to chemicals during use (e.g., saline,		
	chlorine, iodine, simethicone)?	No	0
8	Does the device have a lumen greater in length than		
	270mm?	No	0
9	Does the device contain a housing that cannot be removed		
	or accessed by fluid without flushing for cleaning where soil		
	can migrate?	No	0
10	Is the device powered (Powered instruments, which can		
	entrap debris that can later be aerosolized during a surgical		
	procedure)?	No	0
11	Does the device have internal movable parts such as		
	multiple cables (e.g., robotic instruments, elevator shaft)		
	that may have exposure to soil?	No	0
12	Is the device a microsurgical instrument?	No	0
13	Can the device be fully submerged? (Facilitation of water		
	exposure to residual soil)	Yes	0
14	Do the cleaning instructions as part of the IFU contain		
	instruction that prevent soil from drying on the device while		
		Yes	





Classification Example – Femoral Reamer

Device:	Femoral Reamer			
#	Question	Answer	Risk Value	
1	What is the most challenging to clean feature that is exposed to soil?	Smooth Through Lumen	24	
2	Is the material in the most challenging feature absorbing (e.g., Stainless steel, Nitinol, Aluminium, Titanium) or	Absorbing	1	
3	repelling (e.g., silicone, PEEK, Delrin)? What contact does the feature have with the patient?	Absorbing Tissue/Bone/Dentin	4	
4	Does the device <u>come in contact with</u> high-risk tissue such as the brain, spinal cord and eye?	No	0	
5	How is the soil exposed to the most challenging feature?	Full Immersion	4	
6	Will the soil be exposed to heat (e.g., cauterization)?	No	0	
7	Will the soil be exposed to saline?	No	0	
8	Does the device have a lumen greater than 270mm?	No	0	
9	Does the device contain a housing that cannot be removed or accessed by fluid without flushing for cleaning where soil can migrate?	No	0	
10	Is the device powered (Powered instruments, which can entrap debris that can later be aerosolized during a surgical procedure)?	No	0	
11	Does the device have internal movable parts such as multiple cables (e.g., robotic instruments, elevator shaft) that may have exposure to soil?	No	0	
12	Is the device a microsurgical instrument?	No	0	
13	Can the device be fully submerged? (Facilitation of water exposure to residual soil)	Yes	0	
14	Do the cleaning instructions as part of the IFU contain instruction that prevent soil from drying on the device while awaiting full decontamination processes?	Yes	-5	
Total Risk Value				



Classification Example – Duodenoscope

Device:	Duodenoscope			
#	Question	Answer	Risk Value	
1	What is the most challenging to clean feature that is exposed to soil?	Smooth Through Lumen	24	
2	Is the material in the most challenging feature absorbing (e.g., Stainless steel, Nitinol, Aluminium, Titanium) or	B	_	
2	repelling (e.g., silicone, PEEK, Delrin)?	Repelling	0	
3	What contact does the feature have with the patient?	Mucosal Membranes	1	
4	Does the device come in contact with high-risk tissue such as the brain, spinal <u>cord</u> and eye?	No	0	
5	How is the soil exposed to the most challenging feature?	Flushing	5	
6	Will the soil be exposed to heat (e.g., cauterization)?	No	0	
7	Will the soil be exposed to saline?	No	0	
8	Does the device have a lumen greater than 270mm?	Yes	10	
9	Does the device contain a housing that cannot be removed or accessed by fluid without flushing for cleaning where soil can migrate?	No	0	
10	Is the device powered (Powered instruments, which can entrap debris that can later be aerosolized during a surgical procedure)?	No	0	
11	Does the device have internal movable parts such as multiple cables (e.g., robotic instruments, elevator shaft) that may have exposure to soil?	Yes	10	
12	Is the device a microsurgical instrument?	No	0	
13	Can the device be fully submerged? (Facilitation of water exposure to residual soil)	Yes	0	
14	Do the cleaning instructions as part of the IFU contain instruction that prevent soil from drying on the device while awaiting full decontamination processes?	Yes	-5	
Total Risk Value				





Microbiological Quality for Reusable Medical Devices

Spaulding

Patient exposure risk-based approach

- Microbiological
 - Critical: Sterilization
 - Semi-critical: Sterilization (where high-level disinfection can be acceptable, when applicable)
 - Non-critical: Disinfection
 - Based on risk
 - Effective cleaning may be appropriate
 - Efficacy against blood-borne pathogens in higher-risk applications

Kremer

Device feature risk-based approach

- Cleaning
 - Maximal (High risk): complex features (high risk of soil or microbial retention)
 - Moderate (Intermediate risk): device features requiring specific intervention (e.g., lumens and mated surfaces)
 - Minimal (Low risk): all surfaces exposed for cleaning

Cleaning Families Established



Kremer Classification Benefits

- Increased processing efficiencies and compliance within Sterile Processing Departments
- Complement the Spaulding Classification to ensure cleaning focus and develop cleaning families
- Communication of cleaning risks with reusable medical devices
- Improve and standardize instructions for use (IFU)



Conclusion



Questions?

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